

## Licensed Therapist

### *Branz Nutrition Counseling*

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**Branz Nutrition Counseling is a weight-inclusive outpatient nutrition practice providing compassionate, evidence-based care across the lifespan.** We have locations in both St. Louis, Missouri and O'Fallon, Illinois. Our team specializes in eating disorders, disordered eating, and general wellness. We are passionate about creating a supportive environment for both our clients and our clinicians and believe exceptional care starts with a healthy, supported team.

The Licensed Therapist will be able to provide outpatient counseling services to clients and families with varying mental health needs. We serve clients of all ages. The clinician will be able to provide up to 40 hours availability and work both in person at one office location, and remotely. The clinician with a specialized niche within mental health and counseling are invited to apply while remaining grounded in Intuitive Eating and Health at Every Size® principles.

### **Responsibilities**

- Maintain clinical expectations that support a growth mindset (both individually and within the practice)
- Complete comprehensive mental health assessments and follow-up sessions, building a treatment plan collaboratively with your expert guidance and keeping in mind client goals
- Provide counseling from evidenced-based approaches to clients and families that support clients' mental health journeys while supporting non-diet principles, body image counseling, and mindfulness practices
- Communicate effectively within the immediate team setting and with multidisciplinary professionals
- Complete thorough and timely documentation of client care
- Participate in team meetings, supervision, continuing education opportunities
- Participate in professional community connection opportunities and develop and present educational materials
- Performs other administrative responsibilities as assigned/needed

### **Expectations**

- Must live in or be willing to relocate to St. Louis, Missouri or O'Fallon, Illinois area
- A Master's degree in Social Work, Counseling, Psychology, or related field
- Certification within residing state licensing board (or eligibility for licensure) in Illinois and/or Missouri
- Deep understanding of evidence-based approaches for eating disorders and other mental health areas such as CBT-E, DBT, FBT, and ACT
- Confidence to be the go-to therapist within a dietitian group practice
- Collaboration and adaptability within team settings
- Empathy and genuine curiosity for each client's unique journey within their relationships to food, body, and movement
- A commitment to continuous learning

- Growth mindset

## Benefits

- Competitive pay structure, based on factors including credentials and experience level with opportunities to grow within the practice over time
- Hybrid work schedule (Up to 2 days work-from-home) and opportunities for flexible scheduling within role expectations. One (1) evening per week required during the first year.
- Opportunity to specialize in eating disorders while working with a diverse client population
- Autonomy to grow and become an expert in your preferred nutrition specialty through anti-diet, weight neutral approaches
- Case consult and supervision opportunities, that can also be applied towards Certified Eating Disorder Specialist (CEDS) certification requirements
- Licensure reimbursement for states outside of IL/MO (both are required for this position)
- Professional development opportunities within a growing outpatient practice
- No weekends required unless RD prefers this
- Supportive team culture + quarterly team outings
- \$100 client referral bonus (up to \$2,000)
- Paid time off accrual and (9) paid holidays
- Liability insurance
- Health, dental, and vision insurance options with 50% employer contribution
- Continuing education stipend
- 401(k) eligibility after 1 year
- Short term disability

**A Note on Expectations.** We may be biased....but we believe that the type of health and wellness care we can provide to our clients and communities is meaningful. We are seeking clinicians that are passionate to learn and grow of how to help people build healthier relationships with themselves and their support systems, food, bodies and movement. We also believe in sustainable care, which means we offer flexibility and individualized support for our clinicians to help maintain their work-life balance, too. However, this is offered within practice expectations of maintaining administrative responsibilities and client retention. You may expect to experience a learning curve within schedule management for example.

**Ready to Apply?** We'd love to hear from you! Along with your resume, we ask that you include a cover letter telling us:

1. Why you're interested in joining Branz Nutrition Counseling (See our core values, mission and vision [here](#))
2. What draws you to the outpatient group practice setting
3. Your experience within your field and any specializations as applicable
4. What populations you are most comfortable or passionate working with

**Submit to:** [recovery@branznutritioncounseling.com](mailto:recovery@branznutritioncounseling.com) with **subject line:** "Therapist Application – Branz Nutrition Counseling"